

Managing Yourself and Others Through Change

It has been said that the only constant thing today is Change! This workshop will explore the impact that change has on people and processes and the role of the leader in ensuring that those involved are effectively managed and supported.

Managers who are involved in leading others through significant change processes.

Attendees will be able to:

- Explain the relevance and importance of managing change
- Explain the change process and the stages within it
- Identify the behaviours that individuals may exhibit at each stage
- Identify appropriate support behaviours for individuals experiencing change
- Identify and plan for the organisational issues in change activities
- Plan change activities and identify their own actions
- Engage those involved increasing the success rate of change programmes

The programme is a mixture of input, small and whole group discussion, and working on current change initiatives that the attendees are involved in. The course assumes a working knowledge of performance management and communication strategies.

Workshop duration: 1 day