Time Management Myths Exploded

Which of the following have you heard others say or imply? Be honest – which ones do you believe in yourself?

If you are efficient you must be effective too

The more you sweat the more you get

If you want a job done well, do it yourself

You can't be productive unless you're busy all the time

If you are a careful time manager, there will be no risk, joy or spontaneity in your life

There is only one correct way to do a job